

## **ZEE | KURT HENTSCHLÄGER**

### **INFO AND WARNINGS**

---

ZEE features intense stroboscopic light in combination with thick artificial fog, resulting in a loss of spatial orientation and ultimately no depth of field and 3D vision.

While the work is peaceful by nature it can make some people feel claustrophobic and can affect people with a very rare disease called "photosensitive epilepsy".

It's important to know that if you should sense any feeling of unease, nausea or panic the best and fastest way to protect yourself from the possibility of a photosensitive reaction, is to cover your eyes with your hands (or light proof material, like clothing) so that the strobe flicker is instantly shut out. Closing of the eyelids will not shut out the flicker.

Please read carefully the following warnings, so that you can judge yourself whether or not you should expose yourself to ZEE.

To attend ZEE is under no circumstances appropriate and can actually be dangerous for anybody with a personal history or a family history of so called photosensitive epilepsy.

Due to the immersive nature of ZEE, which makes stroboscopic flicker fill one's entire view field, known phenomena linked to photosensitivity like a feeling of seasickness or motion sickness, fainting and short term memory blackouts can be experienced in various degrees.

The degree of photosensitivity differs from person to person: people, without a history of epilepsy, have been found to experience photosensitive seizures or fainting in dance clubs or events using stroboscopic lights. You could be susceptible without knowing you are. So ask yourself if you ever felt nauseous or dizzy when exposed to strobe light? If your answer is even vaguely yes, you shouldn't see ZEE.

Apart from photosensitivity, anybody suffering from asthma, breathing and heart problems, abnormal (high or low) blood pressure, migraine & headaches, all kinds of eye & ear diseases should not attend ZEE.

People suffering from claustrophobia or anxiety, should also not attend.

Pregnant women are also advised to refrain from attending.

To repeat ZEE can trigger physical reactions, which although of an ephemeral and benign nature, still can be experienced as disturbing.

The artificial fog being used is proven, even in extreme intensities

---